ATTITUDE OF THE HEART

Sin is attractive because it promises us a shortcut to the things we really desire. Repentance is choosing to listen to and believe Jesus, and leaving behind the sinful patterns of our lives.

Think about the two or three sins with which you most often struggle. For each one, write your thoughts in the table, then share your reflections with your discipleship partners.

- What does sin promise in this area?
- What is the actual result of this sin?
- What does Jesus promise instead?
- What does true repentance look like in this area?

Attitude of the Heart	Sin's deception: What does sin promise? Why is it attractive?	Sin's result: What is the result of this sin in your life?	Faith's antidote: What does Jesus promise and instruct us instead?
Bitterness/ resentment:			
Impatience:			
Despondency/ despair:			
Anxiety:			
Shame/ regret:			
Jealousy/ covetousness:			
Critical spirit/ pride:			

Apathy:			
Drivenness/ workaholism:			
Sloth/ laziness:			
Individualism/ self-protection:			
Divisiveness:			
Deceit:			
Lust/ sexual immorality:			
Other:			

Adapted from Rich Lamb, "Attitudes of the Heart," in Images of Leadership (InterVarsity Christian Fellowship, Leading Edge, 2003), 66–67.