

RHYTHMS OF LIFE

A rhythm of life is a thoughtful pattern we choose, with the help of the Holy Spirit, so that the priorities and values we profess are actually lived out each day. Rather than drifting through our discipleship, it helps us respond intentionally to Jesus' call to follow Him. The chart below is designed to help you reflect on different areas of discipleship by identifying your vision for growth, your intention to change, and the means that may help you take concrete steps forward. You do not need to complete every section; instead, prayerfully focus on the areas where you sense God inviting you to grow at this time.

Aspect of Discipleship	Vision: What do you want to see happen in this area of your life and discipleship?	Intention: Why do you want to grow in this area? What challenges might you face?	Means: What specific, regular practices will you commit to, in order to see this happen?
Identity			
Repentance			
Lordship			
Abiding in Jesus			
Community			
A responsive heart			
Discerning God's will			

Worship			
Service			
Evangelism			
Mercy			
Making Disciples			